Lake Land College

Health Education

(AS.HEAED) Associate in Science Degree

Education & Training

You might also like:

Workforce Ready
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Transfer Ready
- Business Education – page 140
- Early Childhood Education – page 146
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- Health Education – page 153
- Mathematics Education – page 157
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- Secondary Education (Physics Specialization) – page 174
- Special Education – page 176

This is a sample list of major requirements. Consult an academic advisor before registering. Four year college requirements vary from college to college.

Specific graduation requirements are identified through degree audit. Additional developmental courses in math, reading and English may be required based on placement scores.

FIRST YEAR

First Semester		Hours
☐ ENG 120	Composition I *	3
☐ HED 200	Principles of Health	3
☐ MAT 125	Statistics *	3
☐ BIO 100	Bio-science I	4
☐ HUM 150	Humanities Through the Arts	3
	TOTAL	**16**

Second Semester		
☐ ENG 121	Composition II *	3
☐ HED 102	Nutrition	3
☐ CHM 101	Physical Science II	3
☐ MUS 229	Understanding Music	3
☐	Mathematics Elective (IAI M1)	3
	TOTAL	**15**

SECOND YEAR

First Semester		Hours
☐ SPE 111	Introduction to Speech Communication	3
☐ HED 290	Disease Processes *	2
☐ ART 250	Understanding Art	3
☐ POS 160	American National Government	3
☐ BIO 225	Human Anatomy and Physiology I *	4
☐ HED 270	Community Health	3
	TOTAL	**18**

Second Semester		
☐ PSY 271	Introduction to Psychology	3
☐ PED 285	Fitness for Life	3
☐	Electives	9
	TOTAL	**15**

SUGGESTED ELECTIVES

☐ BIO 130	Environmental Science	4
☐ HED 178	Responding to Emergencies	2

* There are prerequisites, course requisites or minimum placement test scores for this course

See page 134 for specific general education requirements and course listings.

NOTES:_____

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